

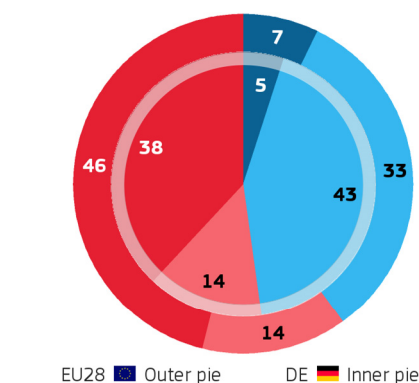
28.031 interviews
02 > 11 / 12 / 2017

1.592 interviews
02 > 10 / 12 / 2017

Methodology: face-to-face

1. FREQUENCY OF EXERCISE OR PLAYING SPORT

QB1 How often do you exercise or play sport?
(%)



EU28		DE	
EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
7	- 1	5	- 2
33	=	43	+ 2
14	- 3	14	- 9
46	+ 4	38	+ 9
0	=	0	=

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

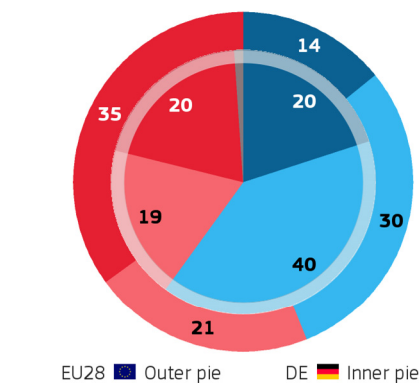
QB1 How often do you exercise or play sport?
(%)

	EU28	DE
Never or seldom		
TOTAL	60	52
Gender		
Men	56	48
Women	64	55
Gender * Age		
Men 15-24	29	31
Men 25-39	49	40
Men 40-54	59	49
Men 55+	70	58
Women 15-24	47	47
Women 25-39	59	55
Women 40-54	64	54
Women 55+	72	57
Respondent occupation scale		
Self-employed	54	39
Managers	46	41
Other white collars	56	53
Manual workers	65	59
House persons	77	59
Unemployed	63	60
Retired	72	60
Students	27	28

Socio-demographic breakdown

2. FREQUENCY OF ENGAGING IN PHYSICAL ACTIVITY OUTSIDE SPORT

QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc?
(%)



EU28		DE	
EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
14	- 1	20	+ 2
30	- 3	40	- 5
21	- 1	19	- 4
35	+ 5	20	+ 6
0	=	1	+ 1

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

QB2 And how often do you engage in other physical activity such as cycling from one place to another, dancing, gardening, etc?
(%)

	EU28	DE
Never or seldom		
TOTAL	56	39
Gender		
Men	53	37
Women	59	42
Gender * Age		
Men 15-24	43	32
Men 25-39	52	40
Men 40-54	55	34
Men 55+	56	39
Women 15-24	53	41
Women 25-39	59	43
Women 40-54	56	35
Women 55+	63	44
Respondent occupation scale		
Self-employed	51	35
Managers	46	38
Other white collars	58	38
Manual workers	57	33
House persons	69	39
Unemployed	59	47
Retired	61	46
Students	44	35

Socio-demographic breakdown

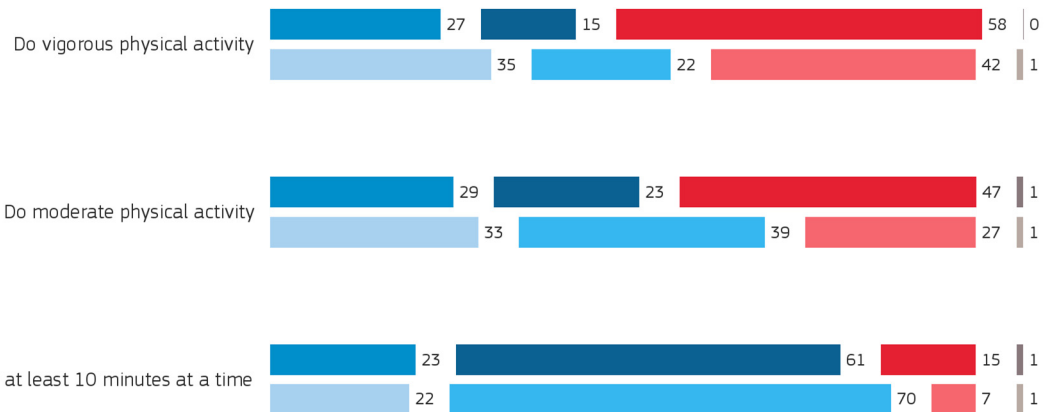
28.031 interviews
02 > 11 / 12 / 2017

1.592 interviews
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Methodology: face-to-face

3. LEVELS OF ENGAGEMENT IN PHYSICAL ACTIVITY

QB3aQB4aQB5a In the last 7 days, on how many days did you... ?
(%)



EU28 
DE 

1 to 3 days

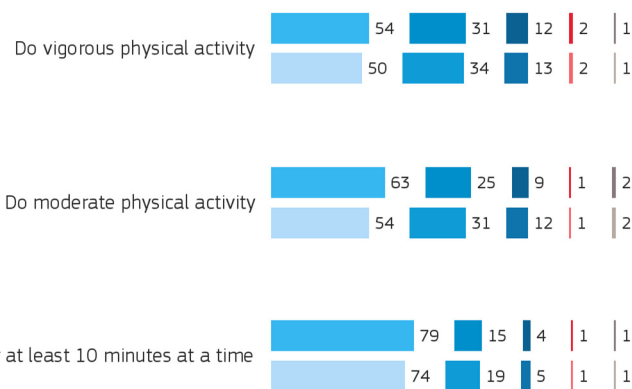
4 to 7 days

Never

Don't know

4. TIME SPENT DOING PHYSICAL ACTIVITY AND SITTING

QB3bQB4bQB5b In general, on days when you ..., how much time do you spend at it?
(%)



EU28 
DE 

60 minutes or less

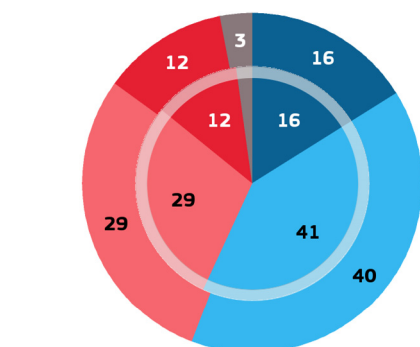
61 to 120 minutes

More than 120 minutes

Never

Don't know

QB6 How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, studying or watching television.
(%)



EU28  Outer pie

DE  Inner pie

2h30min or less
2h31min to 5h30min
5h31min to 8h30min
8h31min or more
Don't know

EU28		DE	
EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
16	- 1	16	- 2
40	- 3	41	- 1
29	+ 3	29	+ 1
12	+ 1	12	+ 2
3	=	2	=

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

Base: respondents who did at least 1 day of activity in the last week

28.031 interviews
02 > 11 / 12 / 2017

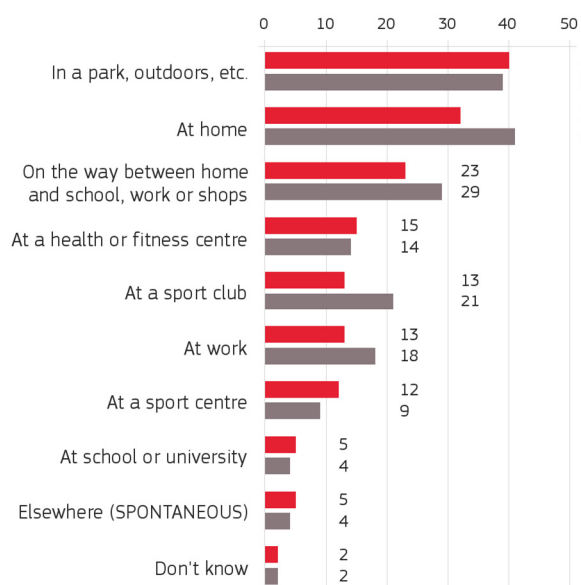
1.592 interviews
02 > 10 / 12 / 2017

Methodology: face-to-face

5. SETTINGS WHERE CITIZENS ENGAGE IN SPORT OR OTHER PHYSICAL ACTIVITY

QB7 Earlier you said you engage in sport or another physical activity, vigorous or not. Where do you do this? (MULTIPLE ANSWERS POSSIBLE)

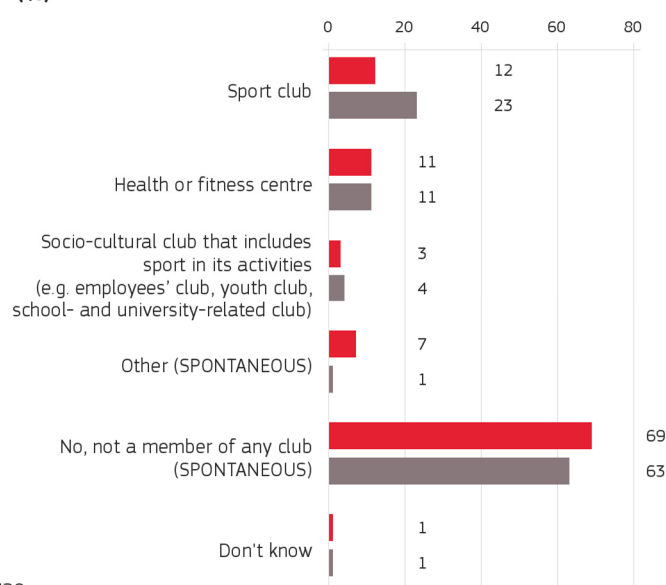
(%)



Base: respondents who exercise, play sport or engage in other physical activity

QB10 Are you a member of any of the following clubs where you participate in sport or recreational physical activity? (MULTIPLE ANSWERS POSSIBLE)

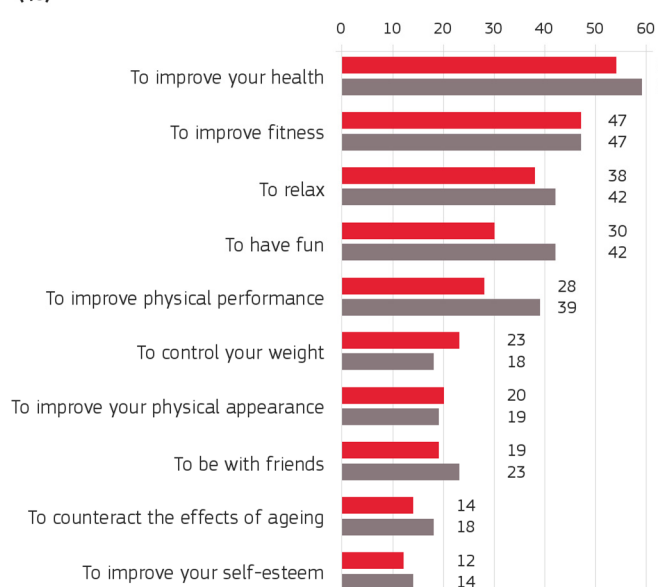
(%)



6. MOTIVATORS AND BARRIERS TO SPORT PARTICIPATION

QB8 Why do you engage in sport or physical activity? (MULTIPLE ANSWERS POSSIBLE)

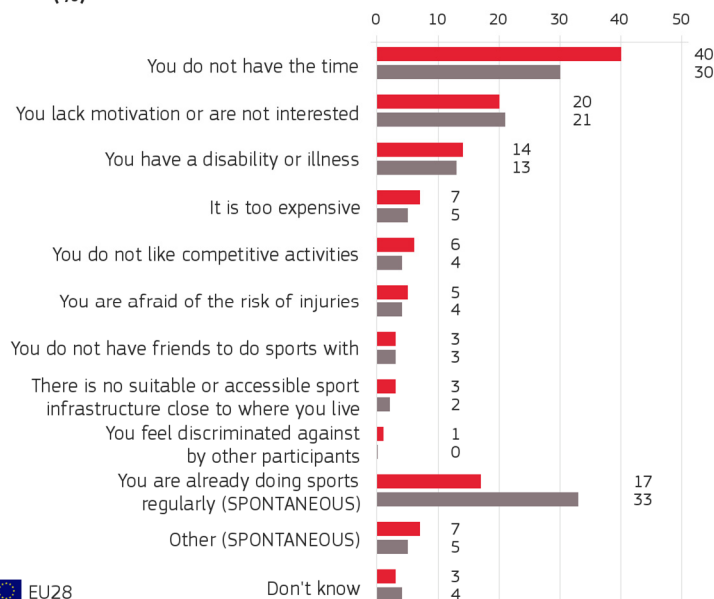
(%)



Answers obtaining more than 10% at EU level
Base: respondents who exercise, play sport or engage in other physical activity

QB9 What are the main reasons currently preventing you from practising sport more regularly? (MULTIPLE ANSWERS POSSIBLE)

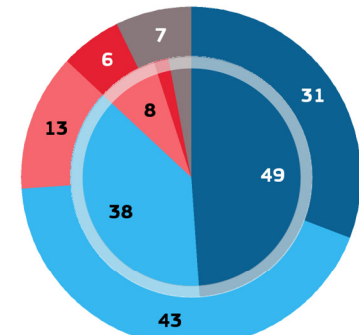
(%)



7. AVAILABLE SUPPORT FOR SPORT PARTICIPATION IN CITIZENS' LOCAL AREA

QB11.1 To what extent do you agree or disagree with the following statements about sport and physical activity?

The area where you live offers you many opportunities to be physically active (%)



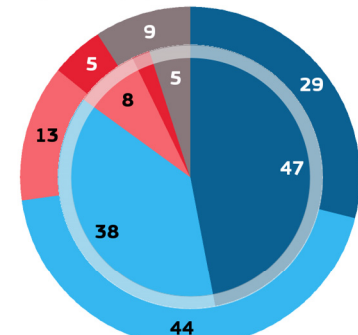
EU28 Outer pie DE Inner pie

	EU28		DE	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Totally agree	31	- 8	49	- 7
Tend to agree	43	+ 6	38	+ 5
Tend to disagree	13	=	8	+ 1
Totally disagree	6	- 1	2	=
Don't know	7	+ 3	3	+ 1

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

QB11.2 To what extent do you agree or disagree with the following statements about sport and physical activity?

Local sport clubs and other local providers offer many opportunities to be physically active (%)



EU28 Outer pie DE Inner pie

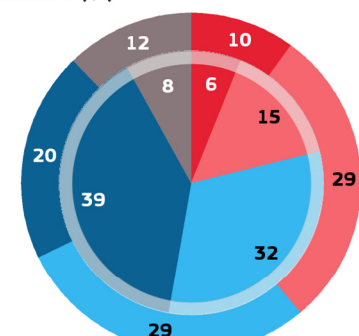
	EU28		DE	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Totally agree	29	- 7	47	- 6
Tend to agree	44	+ 6	38	+ 3
Tend to disagree	13	+ 1	8	+ 2
Totally disagree	5	- 2	2	=
Don't know	9	+ 2	5	+ 1

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

8. SUPPORTING THE COMMUNITY THROUGH SPORT ACTIVITIES

QB11.3 To what extent do you agree or disagree with the following statements about sport and physical activity?

Your local authority does not do enough for its citizens in relation to physical activities (%)

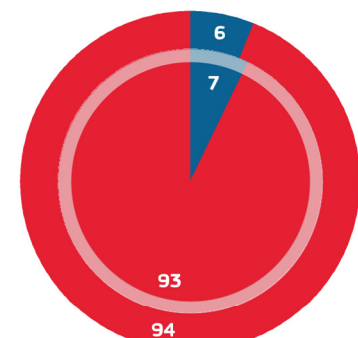


EU28 Outer pie DE Inner pie

	EU28		DE	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Totally agree	10	- 3	6	- 1
Tend to agree	29	+ 3	15	=
Tend to disagree	29	- 3	32	- 4
Totally disagree	20	=	39	+ 4
Don't know	12	+ 3	8	+ 1

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)

QB12 Do you engage in voluntary work that supports sporting activities? (%)



EU28 Outer pie DE Inner pie

	EU28		DE	
	EB88.4	EB88.4-EB80.2	EB88.4	EB88.4-EB80.2
Yes	6	- 1	7	- 3
No	94	+ 1	93	+ 3
Don't know	0	=	0	=

Evolution 12/2017 (EB88.4) - 11-12/2013 (EB80.2)